

24th Annual Valley Friendship Tour



Saturday, May 30, 2009 REGISTRATION FORM

REGISTRATION FEE: \$20.00/per person (To be included with Registration Form)

INDIVIDUAL SIGN-UP

Name: _____
Address: _____
Phone: _____
Email: _____

TEAM SIGN-UP

Team Name: _____
Captain: _____
Company/Organization: _____
Address: _____
Phone: _____
Email: _____

Please Select a Route: ___ Golden Mile; ___ 5K; ___ 25 Mile Bike Ride
(Please specify if Team members are selecting different routes)

Individual/Team Members and T-Shirt Size(s) (Small, Medium, Large, XL, 2X, 3X)

<i>Name</i>	<i>Size</i>	<i>Name</i>	<i>Size</i>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Team Captain's Size: _____

Please return completed Registration Form at your earliest convenience; Forms must be submitted by **Friday, May 8th** in order to have Team names printed on T-shirts:

Hung Pham · Alternatives · 50 Douglas Road · Whitinsville, MA 01588
Telephone: (508) 234-6232 · Fax: (508) 234-6179